ENGLISH

A. Setting Time and Date
1. Hold down the "time set" button for at least 2 seconds until the hour value begins flashing, indicating that you have entered setting mode. From this point, you may use the "▲" button and the "▼" button to adjust the hour.
2. When the hour has been correctly set, press the "time set" button once more to begin adjusting the minute value. Once again, you may use the "▲" button or the "▼" button to adjust the minute value.
3. Next you may proceed to press the "time set" button again to continue setting the year, month, and day using the same procedure as for the minute and hour settings. When all of the settings have been made, the unit will automatically set the day or the week according to the dates you have entered.
4. While in the time setting mode, you may use the "12/24" button to choose between 12-hour time display or 24-hour time display.
5. Furthermore while in the time setting mode, you may use the "alarm set" button to exit setting mode, after which the last entered time setting will be shown on the LCD screen.

B. Setting the Alarm.
1. Pressing the "alarm set" button will cause the "TEMP" icon and the temperature to disappear and be replaced by the ALARM icon and the alarm time.
2. Hold down the "alarm set" button for at least 2 seconds until the alarm setting mode is activated, after which you may use the "▲" button and the "▼" button to adjust the hour value for the alarm time.
3. When the hour value has been correctly set, press the "alarm set" button once again to begin adjusting the minute value. You may use the "▲" button or the "▼" button to adjust the minute value.
4. While in the alarm setting mode, you may use the "time set" button to exit setting mode, after which the last entered alarm time setting will be shown on the LCD screen.
5. After exiting the alarm setting mode for a period of one minute, the unit will automatically replace the "ALARM" icon and the alarm time on the screen with the " ⏰ " and the "TEMP " icon as well as the temperature will reappear.
6. When the alarm sounds you may press any button to shut off the alarm. Pressing on left side of the "snooze - light" button will activate the snooze function. This function will cause the alarm to shut off for a period of 5 minutes, after which the alarm will sound once again. Once the snooze function has been activated, the " z^z^z " icon will be displayed on the screen and the unit will repeat the 5-minute alarm cycle for a total of 5 times.
7. While in regular time mode, you may use the " ⏰ on/off " button to activate or cancel the alarm.
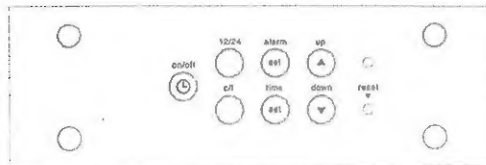
C. Temperature Display
1. When the unit is powered on, it will automatically measure the temperature and display the temperature in Degrees Celsius.
2. You may use the "C/F" button to choose between having the temperature displayed in Degrees Celsius or Degrees Fahrenheit.

D. Night Vision
Pressing on right side of the "snooze - light" button will activate the night vision display for a period of 3 seconds.

E. Notes
The first time you use the unit, be sure that the batteries are correctly inserted otherwise the unit will be unable to function properly.